



24 August 2021

Dear Parent, Caregiver, Staff Member,

COVID-19 at Rosebank School

A Rosebank School student has been confirmed as having COVID-19. All staff and students of the school are considered close contacts.

What does 'close contact' mean?

You may have been near the person with COVID-19 for enough time to put you at greater risk of catching the illness. It's important to now watch for symptoms (see below), and to stay at home as a precaution.

What should you do now?

- **Keep following Alert Level 4 Guidelines and get a test IF you have symptoms**

The student was unknowingly infectious while at school between 8.30am and 1.30pm on August 9, 10 and 11.

Close contacts are usually required to self-isolate for 14 days. As that time has already elapsed, you just need to remain in Alert Level 4 lockdown. You do not need to self-isolate or get a test, **UNLESS you are experiencing symptoms of COVID-19 (see below).**

COVID-19 symptoms

If you have any COVID-19-type symptoms, you must self-isolate and get a test. Information about how to self-isolate is available [here](#). **The test is free. Find your nearest testing centre [here](#).**

Any household members you live with **will also need to self-isolate until you return a negative test result.** The symptoms of COVID-19 can include one or more of the following:

- sneezing and runny nose
- a new or worsening cough
- sore throat
- a fever of at least 38°C
- shortness of breath
- temporary loss of smell or altered sense of taste
- diarrhoea
- headache
- muscle pain or body aches
- nausea and vomiting.

What if I am vaccinated?

Even if you are vaccinated, you should be vigilant for symptoms. This is because no vaccine is 100 per cent effective. You may still get ill, or pass the virus to others, if you are developing COVID-19.

Finally, if you know the identity of the person with COVID-19, please do not disclose their names or details to anyone else, including sharing information on social media. This can lead to on-line bullying and abuse.

For more information: call Healthline: 0800 358 5453 (a free, 24/7 service with interpreters available). You can also visit www.arphs.health.nz or www.covid19.govt.nz.

Thank you for your support.

Yours sincerely

Medical Officer of Health

Auckland Regional Public Health Service